#### **Carrying On**

Carrying the Message is a basic step in our recovery. It is a privilege we have as members of Nicotine Anonymous, and is the basis of the 12<sup>th</sup> step:

"Having had a spiritual awakening as the result of these steps, we tried to carry this message to nicotine users and to practice these principles in all our affairs."

Consider Carrying the Message throughout the year to those who still suffer.

There are several good ways to carry the message. We can:

- share our recovery with nicotine addicts who may be ready to rid themselves of nicotine dependence.
- ask our doctor, dentist or pharmacist for a small space in their reception area for our literature and cards.
- visit other meetings and share our strength and recovery, thereby giving evidence that recover is possible.
- be of service in our meetings, Intergroup, or World Services.

There are so many opportunities to share our hope, strength, and wisdom. Each sharing, each giving away of the benefits we have gained in Nicotine Anonymous, strengthens each of us in our own recovery.

# SCINA is looking for A new permanent location to meet. Please check the Website For the most current information.

#### Please Note:

Until Further notice, the Intergoup Meeting will be held each third Sunday of the month on: ZOOM Meeting:

https://us02web.zoom.us/j/83716156858
Or if phoning in: Call 1-720-707-2699
When prompted, enter:
Meeting ID: 837 1615 6858
Passcode: 722265

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#### For Southern California Nicotine Anonymous Information, go to:

http://scina.org http://www.quitnowla.com

**№** @NicASoCal

For information about
Nicotine Anonymous Online Meetings
and Telephone Meetings,
go to Nicotine Anonymous World Services:
<a href="http://www.nicotine-anonymous.org">http://www.nicotine-anonymous.org</a>
Click on Meetings, Internet Meetings

Nicotine Anonymous is a fellowship of men and women helping each other to quit smoking and live our lives free of nicotine. We share our experience, strength and hope with each other so that we may be free from this powerful addiction. The only requirement for membership is a desire to stop using nicotine. Nicotine Anonymous is not allied with any sect, denomination, political entity, organization or institution; does not wish to engage in any controversy, neither endorses or opposes any causes. Our primary purpose is to offer support to those who are trying to gain freedom from Nicotine.

(Adapted with permission from A. A. Grapevine)



## MEETINGS February 2024

Southern California Intergroup Nicotine Anonymous 19744 Beach Blvd. #247 Huntington Beach, CA 92648

Please send all Intergroup Donations to the above address

For Telephone Information Regarding Meetings

Call: 1-877-879-6422 (1-877-TRY-NICA)

World Services: http://nicotine-anonymous.org Email: info@nicotine-anonymous.org Southern California Web Site: http://scina.org

Southern California Intergroup Nicotine Anonymous Intergroup Meeting 10:00 A.M. Third Sunday of each month

Temporary On-Line Meetings
On Zoom Conferencing.

Please see instructions on back of Directory Open to Everyone (\*Handicap access)

LITERATURE and CHIPS
Available at Intergroup Meeting

For information about Hospitals and Institutions Panels, either participating or having one at your location Call: 949-302-8465

For Information on starting a meeting, Meeting formats and other information, leave message:

Gary M. 310-755-5582

Call will be returned ASAP

For Pamphlet Literature, and other info, write or call NAWSO 6333 E. Mockingbird Lane #147-817 Dallas, Texas 75214

469 737-9304

To Update Meeting Information:

e-mail: scinaregistrar@gmail.com USPS Mail: Rick W. 7657 Winnetka Ave. #171 Winnetka, CA 91306-2677 (818) 882-6952 (Voice Mail)

### \* = Handicap Access

* = Handicap	Access				
Sun 5:30 PM Studio City 273 Video Conference Meeting Participation Meeting ID: 517 362 249 Speaker Password: 657986	Bill H. 818-800-3449	Tue 7:00 P Open Discussion https://us	M San Diego 285 * Video Conference Meeting Meeting ID: 843 5098 7189 Passcode: 732832 s02web.zoom.us/j/84350987189	Mike U. 619-861-6453	Thu 5:30 PM Los Angeles 291 Wendi E. Pathfinders ALANO Club 323-300-0133  3367 Glendale Blvd
Mon 5:00 PM Joshua Tree 266 * Video Conference Meeting Open Meeting ID: 872 5599 1195 Discussion Passcode: 123789	Jeff M. 760-401-6503	Speaker	M Hybrid 293 Video Conference Meeting Meeting ID: 316 040 9937 Passcode: 6wk2fn s06web.zoom.us/j/3160409937	Josh R. 323-394-8204	Thu 7:00 PM Laguna Beach 257 * Angela P. Video Conference Meeting 949-302-8465  Participation Meeting ID: 880 0426 0716 Passcode: 386668 https://us02web.zoom.us/j/88004260716
Mon 5:30 PM Moreno Valley 059 * Video Conference Meeting Discussion Meeting ID: 789 4487 8127 Participation Password: smober	Paul 951-924-6037 Dave 951-616-9631	Wed 4:30 P	M Sherman Oaks 292 Sherman Oaks Medical Center 4849 Van Nuys Blvd Suite 103	Josh R. 323-394-8204	Candle Light Fellowship Candlelight Meeting ID: 871 4294 3844 Password: 792414 https://us02web.zoom.us/j/87142943844
Mon 5:30 PM Palm Springs 283 Video Conference Meeting Book Study Meeting ID: 891 7238 3103 Discussion Password: 12345 https://us02web.zoom.us/j/89172383103	Reese N. 760-219-8685	<b>Wed</b> 5:30 P	M Palm Springs 288 Video Conference Meeting Meeting ID: 851 1978 0840 nicawed	Reese N. 760-219-8685	Fri         6:30 PM         Silverlake         229         Jarrett           Video Conference Meeting         213-841-1954           Candlelight         Meeting ID: 871 4294 3844         Theresa           Password: 792414         201-369-9096           https://us02web.zoom.us/j/87142943844
Mon 6:00 PM Long Beach 012 * All Saints Church Step Preschool Classroom Study 346 Termino Ave.	Sharon E. 562-433-7316 Marlo M. 310-210-3117	Wed 6:30 P	M Covina 275 *  Buttkickers NicA  Meeting ID: 813-7651-7595  Password: recovery	Debbie G. 626-422-1577	Sat 4:00 PM Fullerton 084 * Rebecca N.  Emmanuel Church 562-360-4220  Discussion Rear Bldg, 1st Sat. of Month Only  Step study 1145 Valencia Mesa Dr
Mon 6:30 PM West Hollywood 001 *  W. Hollywood Recovery Ctr  Spkr/Partici Meeting ID: 825 2010 8918  Step study Password: 235815	Jane H. 323-405-2453 Bill H. 818-800-3449	Wed 7:45 P	M Los Angeles 294 Westside Alano Club 11530 W. Pico Blvd	Michelle N. 310-775-5316	Sat 5:00 PM Culver City 197 * John W.  Video Conference Meeting 424-646-1276  Step study Meeting ID: 864 4412 3382  Discussion Passcode: 935338  https://us02web.zoom.us/j/86444123382
Tue 6:00 PM Carson 264 * Video Conference Meeting Discussion Meeting ID: 815 3871 0958 Round Robin Password: 680987	Richard W. 310-780-0472	Thu 8:00 A	Video Conference Meeting Meeting ID: 316 040 9937 Passcode: 6wk2fn	Josh R. 323-394-8204	

https://us06web.zoom.us/j/3160409937